Contributors

CONSULTING EDITOR

BIMAL H. ASHAR, MD, MBA, FACP
Associate Professor of Medicine, Division of General Internal Medicine, The Johns Hopkins University School of Medicine, Baltimore, Maryland, USA

EDITOR

ROBERT B. SAPER, MD, MPH
Chair, Academic Consortium for Integrative Medicine & Health, McLean, Virginia, USA; Associate Professor, Department of Family Medicine, Director of Integrative Medicine, Boston Medical Center, Boston University School of Medicine, Boston, Massachusetts, USA

AUTHORS

BROOKE AGGARWAL, EdD, MS
Associate Research Scientist, Division of Cardiology, Department of Medicine, Columbia University Medical Center, New York, New York, USA

MONICA AGGARWAL, MD
Assistant Professor, Division of Cardiology, University of Florida, Gainesville, Florida, USA

GARY N. ASHER, MD, MPH
Associate Professor, Department of Family Medicine, The University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA

VANESSA BAUTE, MD
Department of Neurology, Wake Forest Baptist Health, Winston-Salem, North Carolina, USA

SUZANNE M. BERTISCH, MD, MPH
Physician, Division of Pulmonary, Critical Care, and Sleep Medicine, Instructor, Medicine, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, Massachusetts, USA

ROBERT ALAN BONAKDAR, MD, FAAFP, FACN
Director of Pain Management, Scripps Center for Integrative Medicine, La Jolla, California, USA

STEPHANIE CHENG, MD
Assistant Professor of Clinical Medicine, Division of Geriatrics, Department of Medicine, University of California San Francisco, San Francisco, California, USA
DELIA CHIARAMONTE, MD
Assistant Professor, Departments of Family and Community Medicine and Epidemiology and Public Health, Associate Director and Director of Education, Center for Integrative Medicine, University of Maryland School of Medicine, Baltimore, Maryland, USA

LORENZO COHEN, PhD
Professor, Chief, Section of Integrative Medicine, Director, Integrative Medicine Program, Department of Palliative, Rehabilitation and Integrative Medicine, The University of Texas MD Anderson Cancer Center, Houston, Texas, USA

SHARON DEMOCKER, MD
Medical Director, War Related Illness and Injury Study Center, VA Medical Center, Washington, DC, USA

PAULA GARDINER, MD, MPH
Associate Professor, Department of Family Medicine, Boston Medical Center, Boston University School of Medicine, Boston, Massachusetts, USA

BRADLEY N. GAYNES, MD, MPH
Professor, Department of Psychiatry, The University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA

KATHERINE A. GERGEN BARNETT, MD
Vice Chair of Primary Care Innovation and Transformation, Department of Family Medicine, Boston Medical Center, Boston, Massachusetts, USA

JONATHAN GERKIN, MD
Associate Professor, Department of Psychiatry, The University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA

RANDY HORWITZ, MD, PhD
Medical Director, Arizona Center for Integrative Medicine, Associate Professor of Medicine, University of Arizona College of Medicine – Tucson, Tucson, Arizona, USA

ANNA K. KOCH, MSc(Psych)
Department of Integrative Gastroenterology, Alfried Krupp von Bohlen und Halbach-Stiftungsprofessur für Naturheilkunde Klinik für Naturheilkunde und Integrative Medizin, Kliniken Essen-Mitte, Knappschafts-Krankenhaus, Faculty of Medicine, University of Duisburg-Essen, Essen, Germany

MIKHAIL KOGAN, MD
Medical Director, Center for Integrative Medicine, Assistant Professor, Department of Medicine, Division of Geriatrics and Palliative Care Medicine, Associate Director, Geriatric and Integrative Medicine Fellowships, George Washington University, School of Medicine & Health Sciences, Washington, DC, USA

MARIATU KOROMA NELSON, MD
Medical Director of Goodwin House, Lead Physician, Geriatric Medicine, Virginia Hospital Center, Arlington, Virginia, USA

JOSHUA KORZENIK, MD
Division of Gastroenterology, Hepatology, and Endoscopy, Department of Medicine, Brigham and Women’s Hospital, Harvard Medical School, Boston, Massachusetts, USA
JOST LANGHORST, MD
Department of Integrative Gastroenterology, Alfried Krupp von Bohlen und Halbach-Stiftungsprofessur für Naturheilkunde Klinik für Naturheilkunde und Integrative Medizin, Knappschafts-Krankenhaus, Department of Internal and Integrative Medicine, Kliniken Essen-Mitte, Faculty of Medicine, University of Duisburg-Essen, Essen, Germany

AMY B. LOCKE, MD, FAAFP
Associate Professor, Co-Director Resiliency Center, Office of Wellness and Integrative Health, Department of Family and Preventive Medicine, The University of Utah, Salt Lake City, Utah, USA

GABRIEL LOPEZ, MD
Assistant Professor, Section of Integrative Medicine, Department of Palliative, Rehabilitation and Integrative Medicine, Clinical Medical Director, Integrative Medicine Center, The University of Texas MD Anderson Cancer Center, Houston, Texas, USA

JUN J. MAO, MD, MSCE
Chief, Integrative Medicine Service, Memorial Sloan Kettering Cancer Center, New York, New York, USA

JYOTHI RAO, MD, FAARFM
Clinician, Shakthi Health and Wellness Center, Mt Airy, Maryland, USA

SEEMA RAO, MD
Geriatrician and Integrative Medicine Physician, San Diego, California, USA

MELINDA RING, MD
Executive Director, Osher Center for Integrative Medicine at Northwestern University, Drs. Pat and Carl Greer Distinguished Physician in Integrative Medicine, Clinical Associate Professor of Medicine and Medical Social Sciences, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA

HELANÉ WAHBEH, ND, MCR
Department of Neurology, Oregon Health & Science University, Portland, Oregon, USA

REBECCA ERWIN WELLS, MD, MPH, FAHS
Department of Neurology, Wake Forest Baptist Health, Winston-Salem, North Carolina, USA

GLORIA Y. YEH, MD, MPH
Associate Professor of Medicine; Division of General Medicine and Primary Care, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, Massachusetts, USA

ERIC S. ZHOU, PhD
Staff Psychologist, Department of Pediatric Oncology, Dana-Farber Cancer Institute, Boston, Massachusetts, USA