PROGRAM OBJECTIVE
The goal of the Medical Clinics of North America is to keep practicing physicians up to date with current clinical practice by providing timely articles reviewing the state of the art in patient care.

TARGET AUDIENCE
All practicing physicians and other healthcare professionals.

LEARNING OBJECTIVES
Upon completion of this activity, participants will be able to:
1. Review the principles of nutrition assessment in primary care.
2. Discuss nutrition recommendations in children, adolescents, adults, and elderly populations.
3. Recognize nutrition guidelines for chronic conditions such as kidney disease, liver disease, and cancers, among others.

ACCREDITATION
The Elsevier Office of Continuing Medical Education (EOCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The EOCME designates this enduring material for a maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

All other health care professionals requesting continuing education credit for this enduring material will be issued a certificate of participation.

DISCLOSURE OF CONFLICTS OF INTEREST
The EOCME assesses conflict of interest with its instructors, faculty, planners, and other individuals who are in a position to control the content of CME activities. All relevant conflicts of interest that are identified are thoroughly vetted by EOCME for fair balance, scientific objectivity, and patient care recommendations. EOCME is committed to providing its learners with CME activities that promote improvements or quality in healthcare and not a specific proprietary business or a commercial interest.

The planning committee, staff, authors and editors listed below have identified no financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interest related to the content of this CME activity:
Cheryl A.M. Anderson, PhD, MPH, MS; Jamy D. Ard, MD; Hope Barkoukis, PhD, RDN, LD; Edward R. Bollard, MD, DDS, FACOP; Mark R. Corkins, MD, CNSC, SPR, FAAP; Stephen R. Daniels, MD, PhD; Janet M. de Jesus, MS, RD; Robert H. Eckel, MD; Anjali Fortna; Neville H. Golden, MD; David Heber, MD, PhD; Ryan T. Hurt, MD, PhD; Scott Kahan, MD, MPH; Ruth W. Kimokoti, MD, MA, MPH; Michelle A. Kominiarek, MD, MS; Robert F. Kushner, MD; Michelle Lai, MD, MPH; Zhaoping Li, MD, PhD; Sheela N. Magge, MD, MSCE; Stephen A. McClave, MD; Jessica McCool; Jeffrey I. Mechanick, MD, FACP, FACE, FACN; Gary Miller, PhD; Premkumar Nandhakumar; Hoang Anh Nguyen, MD, MPH; Carolina Frade Magalhaes Girardin Pimentel, MD, PhD; Priya Rajan, MD; Dena E. Rifkin, MD, MS; Sarah Jane Schwarzenberg, MD; Megan Suermann; Michael A. Via, MD.

The planning committee, staff, authors and editors listed below have identified financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interest related to the content of this CME activity:
Sarah D. de Ferranti, MD, MPH receives royalties/patents from UpToDate, Inc.
Jae H. Kim, MD, PhD is on the speakers’ bureau for Abbott; Medela; Nestlé Health Science; Mead Johnson & Company, LLC; and Nutricia Advanced Medical Nutrition, is a consultant/advisor for Medela, and has stock ownership in PediaSolutions.
Barbara E. Millen, DrPH, RD, FADA has stock ownership in, and an employment affiliation with, Millennium Prevention, Inc and Boston Nutrition Foundation Inc.

UNAPPROVED/OFF-LABEL USE DISCLOSURE
The EOCME requires CME faculty to disclose to the participants:
1. When products or procedures being discussed are off-label, unlabelled, experimental, and/or investigational (not US Food and Drug Administration [FDA] approved); and
2. Any limitations on the information presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinions. Faculty may discuss information about pharmaceutical agents that is outside of FDA-approved labelling. This information is intended solely for CME
and is not intended to promote off-label use of these medications. If you have any questions, contact the medical affairs department of the manufacturer for the most recent prescribing information.

TO ENROLL
To enroll in the Medical Clinics of North America Continuing Medical Education program, call customer service at 1-800-654-2452 or sign up online at http://www.theclinics.com/home/cme. The CME program is available to subscribers for an additional annual fee of USD $295.

METHOD OF PARTICIPATION
In order to claim credit, participants must complete the following:
1. Complete enrolment as indicated above.
2. Read the activity.
3. Complete the CME Test and Evaluation. Participants must achieve a score of 70% on the test. All CME Tests and Evaluations must be completed online.

CME INQUIRIES/SPECIAL NEEDS
For all CME inquiries or special needs, please contact elsevierCME@elsevier.com.