PROGRAM OBJECTIVE
The goal of the Medical Clinics of North America is to keep practicing physicians up to date with current clinical practice by providing timely articles reviewing the state of the art in patient care.

LEARNING OBJECTIVES
Upon completion of this activity, participants will be able to:
1. Discuss anxiety disorders, addiction disorders, bipolar disorders, and seasonal affective disorders in the primary care setting.
2. Review psychopharmacology in the primary care setting.
3. Describe the relationship between psychiatric disorders and sleep issues.

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